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FOR IMMEDIATE RELEASE

Harbor Electronic Publishing announces the publication of

**Exploring East End Waters:
 A Natural History and Paddling Guide**

by Mike Bottini

THE MOST COMPREHENSIVE GUIDE TO KAYAKING AND CANOEING on the East End of Long Island, Mike Bottini's long-awaited *Exploring East End Waters* is based on his award-winning column in *The Southampton Press*.

From the Peconic River to Block Island Sound Mike covers the **extraordinary variety** of East End paddling areas with a **veteran's eye for details** and a professional sense of the natural history of the area. Consider the range of possibilities: fresh-water river and ponds, tidal creeks, salt-water ponds, bays, and estuaries, and—for the adventurous—sound and ocean. Where else will you find such a variety of paddling waters? No wonder the East End has been cited as “one of the last great places” by The Nature Conservancy.

Exploring East End Waters includes **over 30 paddling trips**, with detailed **hand-drawn maps** and “**spotlight topics**” for each trip, as well as **photos** and much more!

As a leading ecologist for The Group for the South Fork, Bottini has come to know these waters and their ecosystems intimately over the last seventeen years. Now he shares his knowledge with the rest of us. Author of the best-selling *Trail Guide to the South Fork*, Mike Bottini brings a unique naturalist's perspective to this task. *Exploring East End Waters* not only provides the keys to an exhilarating set of paddling trips—it is also infused with a savvy knowledge of the natural history of the area. It will open your eyes to the wonders of the complex ecology of the East End.



From the Introduction by Peconic Baykeeper Kevin McAllister:

“**[BOTTINI’S] NEARLY ENCYCLOPEDIAIC KNOWLEDGE** of estuarine flora and fauna will help you understand the nuances and subtleties inherent in an ecosystem that is as sensitive and complex as it is resilient and.”

Praise for Mike’s Trail Guide to the South Fork:

“**A PASSPORT TO THE EAST END’S HIDDEN WONDERS....** an excellent resource for those who already know their way around the trails and those just beginning to explore them. Bottini... brings to the book his knowledge of the South Fork’s history, geology, botany, ecology, and even politics.... He is so well informed that you come away feeling you have read snippets of all the wonderful guides he must have in his personal library.”
 —Carissa Katz, *East Hampton Star*

“**AN INDISPENSABLE RESOURCE** for anyone who is interested in experiencing the natural beauty of the East End first hand.... With this book you have as your guide one of the very people who helped blaze these trails.... The *Trail Guide* is sure to give anyone who uses it a deeper appreciation of the South Fork, and drive to aid in its preservation.”
 —*Hampton Sports Magazine*

About the author:

Mike Bottini is a veteran naturalist, writer, and environmental consultant. After completing graduate studies in wildlife ecology at the University of British Columbia, Mike worked for fourteen years at the Group for the South Fork, a non-profit environmental advocacy organization. He is an award-winning columnist, a former adjunct professor at Southampton College, and continues to introduce people to the outdoors through his field naturalist classes, nature walks, and paddling trips.

Regards,

Charles Monaco
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 by Mike Bottini

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